



POOR IN MEANS,

RICH IN LOVE

- POPE FRANCIS

THE CHILDREN OF FATIMA



DISCIPLE of CHRIST

EDUCATION IN VIRTUE®

“POOR IN MEANS,
RICH IN LOVE - POPE FRANCIS
THE CHILDREN OF FATIMA



Dominican Sisters of Mary, Mother of the Eucharist

NAME

PARISH

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STORY OF FATIMA

Lucia dos Santos and her cousins, Francisco and Jacinta Marto, were ordinary children near the village of Fatima in Portugal. They loved games, dancing, and playing outside. When Lucia was 9, Francisco was 8 and Jacinta was 6 they began to take care of their families' sheep. While the sheep grazed in the fields, the children played games and explored the fields and woods.

VISITS FROM THE ANGEL – SPRING 1916

One day in the spring of 1916, the children took the sheep to a field as normal. As they were playing a game with pebbles, a strong wind began to shake the trees, even though it was a calm day. In the distance, they saw a strange sight. Lucia later said that it was “a light brighter than snow in the form of a young man, quite transparent, and as brilliant as crystal in the rays of the sun.” The angel taught them to pray and then disappeared.

Later the same spring, the angel appeared again in the same way and taught them a prayer to offer sacrifices for sinners. Lucia said, “the Angel’s words sank deeply into our souls like a gleaming torch, showing us Who God is, what is His love for us, and how He wants us to love Him too.” The children began to pray the rosary more and to look for ways to make sacrifices for the conversion of sinners.

A little after the second visit, the angel came again. This time he brought a chalice and host. He placed them in the air and bowed down before it in adoration, teaching them children a prayer of adoration to Jesus in the Eucharist. After that, he gave Lucia the Host and Jacinta and Francisco the Precious Blood in the chalice. Then he disappeared. For a long time the children prayed, filled with the light of God in them.

FIRST VISIT OF MARY – MAY 13, 1917

The next spring, the children took the sheep to the Cova da Iria. After lunch, Lucia, Francisco, and Jacinta were kneeling and praying the rosary. They saw a bright light, like “lightning in a clear sky.” They thought a storm was coming, so they began to take the sheep down the hill. As they passed by a small tree, the light appeared again, and “a lady dressed in white, shining brighter than the sun” appeared. Rays of clear light came from her, especially from her hands. The light filled the children’s hearts and souls. Lucia said, “We knew somehow that this light was God, and we could see ourselves embraced in it.”

The Lady told them that they should not be afraid and that she came from heaven. The children felt no fear, only gladness and joy. The Lady asked them to return to that place on the thirteenth of each month for the next six months. Lucia asked the Lady if they would go to heaven, and she said yes. The Lady then said, “Say the rosary every day, to bring peace to the world and an end to the war.” Then she began to rise slowly towards the east, until she disappeared.

STORY OF FATIMA

The children were filled with awe. They thought that the visit was so special and secret that they did not want to talk about it with anyone. But when Jacinta got home, she was filled with such excitement about the beautiful Lady that she told her mother. She could not contain her joy!

SECOND VISIT OF MARY – JUNE 13, 1917

By June 13, the day of the next apparition, there were mixed reactions to the children. Some people believed them and thought that the Lady was the Blessed Virgin Mary. Others thought the children were telling stories to get attention. And some did not know how to react. But the children went to the Cova da Iria at the appointed time. The Lady appeared as before. She asked the children to continue praying the rosary every day. Lucia asked the Lady to bring them to heaven. The Lady said that she would come for Jacinta and Francisco soon, but that Lucia would stay for a little while longer to tell people about the Immaculate Heart of Mary. Again, the light surrounded the children, and they felt the presence of God's love.

THIRD VISIT OF MARY – JULY 13, 1917

On July 13, the Lady appeared again. Lucia asked the Lady for a miracle so that the people would believe that she was appearing. The Lady said that she would do a miracle in October for the people. She showed the children a vision of hell and asked them to continue praying the rosary and making sacrifices for the conversion of sinners. The Lady taught them this prayer to say at the end of each decade of the rosary: "Oh my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those in most need of Your mercy."

FOURTH VISIT OF MARY – AUGUST 19, 1917

By August, people from the neighboring villages were coming to the Cova da Iria. They would stop by the children's houses to ask them questions. The local authorities were nervous that so many people were coming to the Cova da Iria. Lucia, Jacinta, and Francisco were taken to the police headquarters. They were questioned and threatened to make them deny the visions, and even put in the prison overnight. The children cheered each other up by offering their sacrifices for the conversion of sinners and praying the rosary. After they were released, the Lady appeared to them on August 19, and told them to continue to pray the rosary and offer sacrifices for the conversion of sinners.

FIFTH VISIT OF MARY – SEPTEMBER 13, 1917

By this time, so many people had heard about the apparitions that over 30,000 people were at the Cova da Iria on September 13. They recited the rosary together as the Lady appeared to the children. She asked them to continue praying the rosary and making sacrifices. She said that she wanted people to come to the Cova da Iria on October 13 to see the sign.

STORY OF FATIMA

SIXTH VISIT OF MARY – OCTOBER 13, 1917

Over 70,000 people were at the Cova da Iria on October 13, even though the field was very muddy from the rain the night before. At noon, the Lady appeared to the children, just as she promised. Lucia asked the Lady what she wanted to ask of them. The Lady asked that a chapel be built there and that people continue to pray the rosary every day. Lucia asked the Lady for her name, and she said, “I am the Lady of the Rosary.” Then she rose up into the east and pointed at the sun, and Lucia cried out, “Look at the sun!” Then, two things began to happen at once. All the people saw the sun move around in the sky; some described it as dancing and spinning in the sky. When it was over, the ground and their clothes were all perfectly dry. Lucia, Jacinta, and Francisco saw something else. They saw St. Joseph, the Child Jesus, and Our Lady appear in the sky. St. Joseph and the Child Jesus blessed the world by making a sign of the cross over it.

AFTER THE VISITS

Eventually, a chapel was built in the Cova da Iria, and now it is a huge shrine in honor of Our Lady of Fatima. Lucia went to school to learn how to read. The children continued to pray the rosary and make sacrifices for the conversion of poor sinners. Francisco loved to visit Jesus in the Eucharist in the church. He had a deep desire to console the hearts of Jesus and Mary, who were sad because of sin. Jacinta made many sacrifices, especially for the Holy Father since she knew he would suffer much.

In 1919 and 1920 many people got sick during the Spanish influenza epidemic. Both Francisco and Jacinta became ill, and offered their sufferings as a sacrifice as Our Lady had taught them. Francisco died in 1919, and Jacinta in 1920. Soon after the death of her cousins, Lucia went to a boarding school with Sisters. There she realized that Jesus was asking her to give her life as a Sister. She entered the convent in 1925. Our Lady had told her she would be on earth a little longer than Jacinta and Francisco to make Jesus known and loved and to spread the devotion to the Immaculate Heart. Her mission was completed on February 13, 2005, when she died at the age of 97. In 2017, the 100th anniversary of the apparitions, Pope Francis canonized Francisco and Jacinta. The Vatican is still researching Lucia’s life for her beatification and canonization.

STORY OF FATIMA



Sr. Emmanuel Gross, O.P.

ST. FRANCISCO

PRAYERFULNESS

1

DOCILITY



SAINT FRANCISCO MARTO

DATES: 1908–1919

Francisco Marto was one of seven children. He enjoyed playing with others, and was known for being kind and gentle. He loved nature, and would take mice and lizards home that he found in the fields. He often played a reed pipe so Jacinta and Lucia could dance while they were watching the sheep. After the apparitions, he would skip school to pray to the “hidden Jesus” in the church, to console His sorrowful heart.



PRAYERFULNESS



Being still, listening, and being willing to talk to God as a friend



DOCILITY



Willingness to be taught



WAYS TO CULTIVATE

PRAYERFULNESS

1

DOCILITY



PRAYERFULNESS

1

DOCILITY



READ, THINK, LISTEN

But whoever enters through the gate is the shepherd of the sheep. The gatekeeper opens it for him, and the sheep hear his voice, as he calls his own sheep by name and leads them out. When he has driven out all his own, he walks ahead of them, and the sheep follow him, because they recognize his voice.

My sheep hear my voice; I know them, and they follow me. *John 10: 2-4, 27*

God's Word strikes the heart. Underline the word or phrase that touched your heart.

Francisco loved visiting Jesus in the Eucharist and would listen in silence to hear the voice of Jesus. How can you listen to His voice in prayer?

Looks Like



Sounds Like





LECTIO DIVINA : Praying with Scripture

PRAYERFULNESS

1

DOCILITY

Which type of prayer would you like to offer to God?



LISTEN AND PRAY



Adoration



Thanksgiving



Praise



Intercession

Jesus, you are the Good Shepherd who guards and leads the sheep. Show me how You are leading me to be docile.

Looks Like



Sounds Like





SACRED ART: The Lost Sheep

PRAYERFULNESS

1

DOCILITY



Image - Public Domain



PRAY AND ACT

PRAYERFULNESS

1

DOCILITY

PARDON PRAYER

MY GOD, I BELIEVE, I ADORE, I HOPE AND I LOVE YOU! I BEG
PARDON FOR THOSE WHO DO NOT BELIEVE, DO NOT ADORE, DO
NOT HOPE AND DO NOT LOVE YOU.

Jesus, Good Shepherd, Francisco would spend time praying before You present in the Tabernacle. He wanted to console You by spending time with the “hidden Jesus.” How can I console You? Draw a picture of what Jesus says to you.

Say the “Pardon Prayer” and write your own prayer here.

ST. JACINTA

MAGNANIMITY

2

CHARITY



SAINT JACINTA MARTO

DATES: 1910–1920

Jacinta was the youngest of the Marto children. She loved flowers and dancing, especially in the field when Francisco played his pipe. She was lively and talkative with people that she knew, but very shy around strangers. Jacinta had a sensitive heart, and when Our Lady asked the children to do sacrifices for sinners, She took it very seriously. She was always looking for ways to make sacrifices for poor sinners and for the Holy Father.



CHARITY



Enables one to love as God Himself loves, to love God above all things and one's neighbor as oneself



MAGNANIMITY



Seeking with confidence to do great things in God, literally "having a large soul"



WAYS TO CULTIVATE

MAGNANIMITY

2

CHARITY



MAGNANIMITY

2

CHARITY



READ, THINK, LISTEN

I am the good shepherd, and I know mine and mine know me, just as the Father knows me and I know the Father; and I will lay down my life for the sheep. My sheep hear my voice; I know them, and they follow me. This is why the Father loves me, because I lay down my life in order to take it up again. No one takes it from me, but I lay it down on my own. I have power to lay it down, and power to take it up again. This command I have received from my Father.

John 10: 14-15, 17-18

God's Word strikes the heart. Underline the word or phrase that touched your heart.

The Good Shepherd loves His sheep, so He is willing to sacrifice for them. Think of Jesus' sacrifice on the Cross. Write down words of gratitude or draw a picture of what it looks like to be grateful.

Looks Like



Sounds Like





LECTIO DIVINA : Praying with Scripture

MAGNANIMITY

2

CHARITY

Which type of prayer would you like to offer to God?



LISTEN AND PRAY



Adoration



Thanksgiving



Praise



Intercession

Jacinta, Francisco, and Lucia would make sacrifices for the conversion of sinners. Ask Jesus to show you how you can make sacrifices for sinners.

Looks Like



Sounds Like

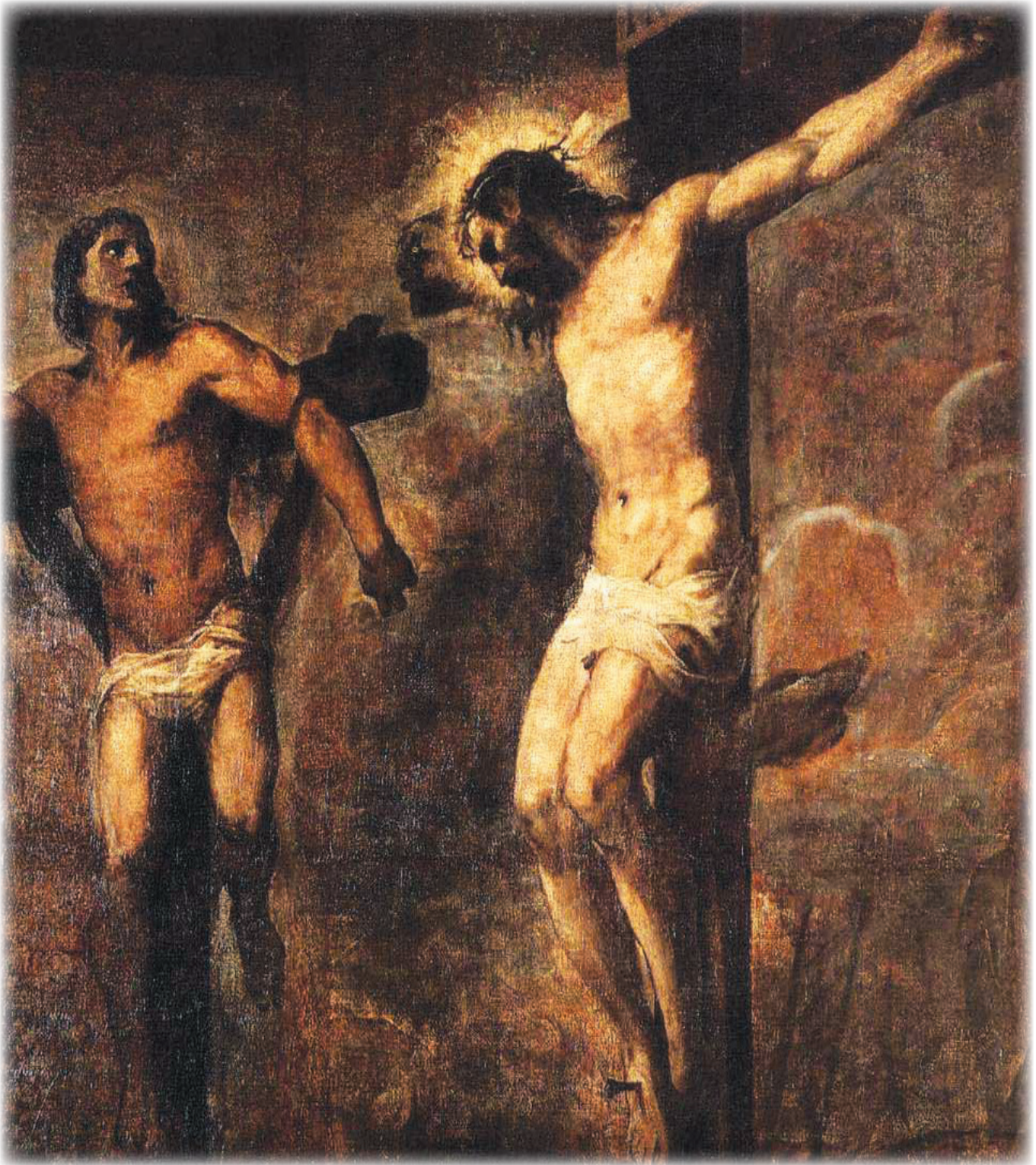




MAGNANIMITY

2

CHARITY



The Good Thief, Titian - Public Domain



SACRIFICE PRAYER

O JESUS, IT IS FOR LOVE OF YOU, IN REPARATION FOR THE OFFENSES
COMMITTED AGAINST THE IMMACULATE HEART OF MARY, AND FOR THE
CONVERSION OF POOR SINNERS.

Draw a picture of the Fatima children making a sacrifice for the conversion
of sinners.

Write your own prayer of offering here.

SR. LUCIA

PERSEVERANCE

3

FORTITUDE



SISTER LUCIA DOS SANTOS DATES: 1907–2005

Lucia dos Santos was 10 years old when Our Lady appeared to the three children. She made her First Holy Communion when she was 6 and asked Jesus to make her a saint. Because she was the oldest of the visionaries, she bore most of the responsibility for talking to people about what they saw. She had many trials to suffer, especially when her family thought she was lying about the visions. In 1925 she became a sister. Sr. Lucia died in 2005 at the age of 97.



CONTENDING
WITH FORTITUDE

FORTITUDE



GIFT
OF FORTITUDE

Enables one to endure difficulties and pain for the sake of what is good



CONTENDING
WITH FORTITUDE

PERSEVERANCE



GIFT
OF FORTITUDE

Taking the steps necessary to carry out objectives in spite of difficulties



WAYS TO CULTIVATE

PERSEVERANCE

3

FORTITUDE



PERSEVERANCE

3

FORTITUDE



READ, THINK, LISTEN

So to them he addressed this parable. “What man among you having a hundred sheep and losing one of them would not leave the ninety-nine in the desert and go after the lost one until he finds it? And when he does find it, he sets it on his shoulders with great joy and, upon his arrival home, he calls together his friends and neighbors and says to them, ‘Rejoice with me because I have found my lost sheep.’ I tell you, in just the same way there will be more joy in heaven over one sinner who repents than over ninety-nine righteous people who have no need of repentance.

Luke 15: 3-7

God’s Word strikes the heart. Underline the word or phrase that touched your heart.

The Fatima children often called sinners “poor sinners” because they felt sorry for them, that they were like lost sheep. What does the Good Shepherd do for “poor sinners”?

Looks Like



Sounds Like





LECTIO DIVINA : Praying with Scripture

PERSEVERANCE

3

FORTITUDE

Which type of prayer would you like to offer to God?



LISTEN AND PRAY



Adoration



Thanksgiving



Praise



Intercession

Have you ever gotten lost? Describe or draw how you felt when you were found.

Looks Like



Sounds Like





SACRED ART: The Lost Sheep

PERSEVERANCE

3

FORTITUDE



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EUCCHARISTIC PRAYER

**MOST HOLY TRINITY, I ADORE YOU! MY GOD, MY GOD,
I LOVE YOU IN THE MOST BLESSED SACRAMENT.**

Jesus, the Good Shepherd, has found the lost sheep. He said, “there will be much joy in heaven over one sinner.” Draw a picture of what you think “joy in heaven” looks like?

Write your own prayer for sinners to return to Jesus, the Good Shepherd.



IMMACULATE HEART OF MARY

OBEDIENCE

4

HUMILITY



Our Lady of Fatima - Public Domain

*WE SAW...A LADY DRESSED IN WHITE...
MORE BRILLIANT THAN THE SUN...
HER FACE INDESCRIBABLY BEAUTIFUL.*

— *SISTER LUCIA*





WAYS TO CULTIVATE

OBEDIENCE

4

HUMILITY



OBEDIENCE

4

HUMILITY



READ, THINK, LISTEN

Who may go up the mountain of the LORD? Who can stand in his holy place?
“The clean of hand and pure of heart.” *Psalms 24:3*

Blessed are the clean of heart, for they will see God. *Matthew 5:8*

And Mary said: “My soul proclaims the greatness of the Lord; my spirit rejoices in God my savior. For he has looked upon his handmaid’s lowliness; behold, from now on will all ages call me blessed. *Luke 1:46-48*

God’s Word strikes the heart. Underline the word or phrase that touched your heart.

In the bible, the “mountain of the Lord” is often a symbol of heaven. Why do you need a pure heart to see God in heaven?

Looks Like



Sounds Like





LECTIO DIVINA : Praying with Scripture

OBEDIENCE

4

HUMILITY

Which type of prayer would you like to offer to God?



LISTEN AND PRAY



Adoration



Thanksgiving



Praise



Intercession

Write down ways God has been good to you. Ask Jesus to show you how to “be like Mary” and to praise God for His goodness.

Looks Like



Sounds Like





OBEDIENCE

4

HUMILITY



The Annunciation, Fra Angelico - Public Domain



PRAY AND ACT

OBEDIENCE

4

HUMILITY

PRAYER

MARY, MY DEAREST MOTHER,
GIVE ME YOUR HEART, SO BEAUTIFUL, SO PURE, SO IMMACULATE, SO FULL
OF LOVE AND HUMILITY THAT I MAY RECEIVE JESUS LIKE YOU DID AND GO IN
HASTE TO GIVE HIM TO OTHERS. — ST. MOTHER TERESA

Mary listened to the Word of God and acted on it. She was a disciple of her Son, Jesus and lived a life of virtue. You are called to be like Mary and say “yes” to God.

Write or draw one way you will live as a disciple of Christ.

Prayer

Reading The Bible

Practicing Virtue

VOCATIONS



**"IF YOU ARE WHAT YOU SHOULD
BE, THEN YOU WILL SET THE
WORLD ON FIRE."**

—SAINT CATHERINE OF SIENA



PRAYERS



Our Lady of Fatima Procession – Public Domain

The Fatima Ave

In Fatima's Cove on the thirteenth of May, the Virgin Maria appeared at midday.

**Refrain: Ave, Ave, Ave Maria!
Ave, Ave, Ave Maria!**

The world was then suffering from war, plague, and strife, and Portugal mourned for her great loss of life. Ave...

The Virgin Maria surrounded by light, God's Mother is ours, and She gives us this sight. Ave...

To three shepherd children the Virgin then spoke, a message so hopeful, with peace for all folk. Ave...

With sweet Mother's pleading, She asked us to pray, do penance, be modest, the Rosary each day. Ave...

All Portugal heard what God's Mother did say, converted she sings of her Queen to this day. Ave...



PRAYERS

PARDON PRAYER

My God, I believe, I adore, I hope and I love You! I beg pardon for those who do not believe, do not adore, do not hope and do not love You.

SACRIFICE PRAYER

O Jesus, it is for love of You, in reparation for the offenses committed against the Immaculate Heart of Mary, and for the conversion of poor sinners.

EUCCHARISTIC PRAYER

Most Holy Trinity, I adore You! My God, my God, I love You in the Most Blessed Sacrament.

MARY, MY DEAREST MOTHER

Give me your heart, so beautiful, so pure, so immaculate, so full of love and humility that I may receive Jesus like you did and go in haste to give Him to others.

—*St. Mother Teresa*



PRAYERS

LITANY OF OUR LADY OF FATIMA

Our Lady of Fatima, Pray for our beloved country.
Our Lady of Fatima, Sanctify our clergy.
Our Lady of Fatima, Make our Catholics more fervent.
Our Lady of Fatima, Guide and inspire those who govern us.
Our Lady of Fatima, Cure the sick who confide in thee.
Our Lady of Fatima, Console the sorrowful who trust in thee.
Our Lady of Fatima, Help those who invoke thine aid.
Our Lady of Fatima, Deliver us from all dangers.
Our Lady of Fatima, Help us to resist temptation.
Our Lady of Fatima, Obtain for us all that we lovingly ask of thee.
Our Lady of Fatima, Help those who are dear to us.
Our Lady of Fatima, Bring to Holy Catholic Church those who are in error.
Our Lady of Fatima, Give us back our ancient fervor.
Our Lady of Fatima, Obtain for us pardon of our manifold sins and offenses.
Our Lady of Fatima, Bring all men to the feet of thy Divine Child.
Our Lady of Fatima, Obtain peace for the world.
O Mary conceived without sin, Pray for us who have recourse to thee.
Immaculate Heart of Mary, Pray for us now and at the hour of our death. Amen.

Let Us Pray: O God of infinite goodness and mercy, fill our hearts with a great confidence in Thy dear Mother, whom we invoke under the title of Our Lady of the Rosary and Our Lady of Fatima, and grant us by her powerful intercession all the graces, spiritual and temporal, which we need. Through Christ Our Lord. Amen.



PRAYERS

MYSTERIES OF THE ROSARY

The Joyful Mysteries

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation
5. The Finding of Jesus in the Temple

The Sorrowful Mysteries

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

The Glorious Mysteries

1. The Resurrection
2. The Ascension
3. The Decent of the Holy Spirit
4. The Assumption
5. The Coronation

The Luminous Mysteries

1. The Baptism of the Lord
2. The Wedding of Cana
3. The Proclamation of the Kingdom
4. The Transfiguration
5. The Institution of the Eucharist





PRAYERS

CHAPLET OF DIVINE MERCY

*Recite the Our Father, Hail Mary,
and Apostle's Creed*

On the large bead before each decade:

Eternal Father,
I offer You
the Body and Blood,
Soul and Divinity
of Your dearly beloved Son,
Our Lord Jesus Christ,
in atonement for our sins
and those of the whole world.

On the 10 small beads of each decade:

For the sake of His sorrowful Passion,
have mercy on us
and on the whole world.

Concluding Doxology (after five decades):

Holy God,
Holy Mighty One,
Holy Immortal One,
Have mercy on us
and on the whole world.
(Three times)



PRAYERS

MEMORARE

Remember, O most gracious Virgin Mary,
that never was it known that anyone who fled to thy protection,
implored thy help, or sought thy intercession, was left unaided.
Inspired by this confidence I fly unto thee O Virgin of virgins, my Mother.
To thee do I come, before thee I stand, sinful and sorrowful.
O Mother of the Word Incarnate, despise not my petitions,
but in thy mercy hear and answer me. Amen.

DIVINE PRAISES

Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ,
true God and true man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His most Precious Blood.
Blessed be Jesus in the
Most Holy Sacrament of the altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God,
Mary Most Holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be St. Joseph, her most chaste spouse.
Blessed be God in His Angels and in His Saints.
Amen.



PRAYERS

ACT OF FAITH

O my God, I firmly believe
that You are one God
in three Divine Persons,
Father, Son, and Holy Spirit;
I believe that Your Divine Son
became man and died for our sins,
and that He will come to judge
the living and the dead.
I believe these and all the truths
which the Holy Catholic Church teaches,
because You have revealed them,
Who can neither deceive nor be deceived.
In this faith I intend to live and die. Amen.

ACT OF LOVE

O Lord God, I love you above all things
and I love my neighbor for Your sake
because You are the highest, infinite
and perfect good, worthy of all my love.
In this love I intend to live and die. Amen.

ACT OF HOPE

O Lord God, I hope by Your grace
for the pardon of all my sins
and after life here to gain
eternal happiness because
You have promised it
who are infinitely powerful,
faithful, kind, and merciful.
In this hope I intended to live and
die. Amen.

PRAYER TO ST. MICHAEL

St. Michael, the Archangel,
defend us in battle.
Be our protection
against the wickedness
and snares of the devil.
May God rebuke him,
we humbly pray,
and do thou,
O prince of the Heavenly hosts,
by the power of God,
thrust into Hell Satan
and the other evil spirits
who prowl throughout the world
seeking the ruin of souls.
Amen.

THEOLOGICAL VIRTUES

FAITH HOPE CHARITY

CARDINAL VIRTUES

PRUDENCE

Related Virtues:

- Circumspection
- Docility
- Foresight

FORTITUDE

Related Virtues:

- Industriousness
- Magnanimity
- Magnificence
- Patience
- Perseverance

JUSTICE

Related Virtues:

- Affability
- Courtesy
- Generosity
- Gratitude
- Kindness
- Loyalty
- Obedience
- Patriotism
- Prayerfulness
- Respect
- Responsibility
- Sincerity
- Trustworthiness

TEMPERANCE

Related Virtues:

- Honesty
- Humility
- Meekness
- Moderation
- Modesty
- Orderliness
- Self-Control



EDUCATION IN VIRTUE®

DOCILITY

PRAYERFULNESS

CHARITY

MAGNANIMITY

FORTITUDE

PERSEVERANCE

OBEDIENCE

HUMILITY



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